Form 1

List of Your Wants and Needs

Category*	Item	Is this a Want or a Need?

*Categories are one of the following: self, family, friends, work, or society

Items are the specific thing or situation. You can use a broad category like house, health care and college or you can get as specific as you wish such as a Victorian house on 10 acres, a Lexus SUV or a Coach purse.

Here are some possibilities:

- House
- Car
- Food
- Health care
- Boat
- Size of house
- 1000 count bed sheets
- Restaurants every night
- Wine cellar
- Education
- 401 (k)